

Personal Do It List

Quick Start | Mac and Android 1.2.0 | October 19, 2026

Pick your notebook

Mac: choose arm64 for Apple Silicon (M-series), or x64 for Intel. Both require macOS 13 or later. Unzip the download, drag Noah Do It List.app into Applications, and open it there. The OS name stays Noah to preserve its separate identity. Your notebook title inside the app can be anything you choose.

The Mac downloads are previews. They have ad-hoc integrity signatures, but are not Apple Developer ID signed or notarized. Native Mac launch testing is pending. If macOS blocks the app, verify its source and SHA-256 checksum before using Privacy & Security > Open Anyway, if offered. Do not disable Gatekeeper globally.

Android: download the APK on an Android 9 or newer phone with an updated Android System WebView. Open it from Downloads or Files. If Android asks, allow that browser or Files app to install the APK, then complete installation. Open Personal Do It List. This is a release-signed direct download, not a Google Play listing. Native Android launch verification is still pending; see the QA report.

Your first small win

1. Type a task and tap Add, or press Enter. The text is a draft until you add it.
2. Tap its circle to complete it, its text to edit it, or its star to prioritize it.
3. Use Today, Tomorrow or Calendar to change pages. On a phone, open the menu first.
4. Brain Dump holds ideas until you are ready to schedule them.
5. Customize adds your name, paper and pen colors, affirmations and motion preferences.
6. Stickers add a little personality. Select one to change its size or rotation.

Keep your notebook safe

Wait for Saved locally after editing. On a phone, the status is inside the menu. Backup notebook saves a JSON file containing your full notebook. Keep a copy outside the app, especially before updating or uninstalling.

Restore backup validates a file and asks before replacing your current notebook. It does not merge notebooks. Export the destination notebook first if you want to keep it. Windows, Mac and Android can exchange the same JSON backup format. Each device keeps its own copy; there is no automatic synchronization.

Android uninstall or Clear storage deletes the private notebook. Update by installing a future APK over the existing app, using the same signing key. Removing the Mac app leaves its data folder, but backups are still recommended.

Handy controls

Mac: Command+N focuses a new task; Command+F opens Find; Command+, opens Customize; Command+Shift+S opens Backup. The red window button saves and closes the window; the Dock reopens it. Command+Q saves before quitting.

Android: Back closes an open menu, panel or dialog; otherwise it requests saving before moving the app to the background. Use the row arrows to reorder tasks. Turn off Little celebrations or turn on Reduce page motion for a calmer notebook.

If saving fails, keep the app open and export a backup. Fix the storage problem and tap the save status to retry. Do not clear app data as a routine troubleshooting step.